

Fashion Doctor offers a look at the type of shoes you need this spring

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Not every woman is fortunate enough to have a walk in closet the size of those shown on *MTV Cribs* or *The Real Housewives Of Beverly Hills*. With a little fashion know how, it is possible for working moms, single girls, divorcees, and recent college grads to build a wardrobe on a budget that is versatile, hip, date-worthy, and can take one from day to evening.

Dr. Ngozi Etufugh is a Manhattan Oral and Maxillofacial surgeon who has a 'passion for fashion' and can be seen strutting the streets of Manhattan in everything from Chanel, Zara, H&M, Top Shop, and Christian Dior. For Dr. Etufugh, fashion is not about how much money one spends, but how bold one feels and the confidence they project. It's not about the label. It's about knowing how to create a look that expresses who you are on any budget.

Here she shares her "closet confidential" that can take any woman from frumpy to fierce.

First we will take a look at the type of shoes that you should have in your closet:

Ballet Flats: When heels simply won't do, ballet flats are a must. They pair easily with just about anything. Not to mention, they're as comfortable as they are chic!

Casual Strappy Sandals: It's impossible to get through summer without a pair of these. A classic leather pair will always be in style.

Metallic Strappy Sandals: Think of silver (or gold) as your nighttime neutral—subtle enough to go with everything from black to red to a plethora of patterns. A slight platform adds comfort to these 4¼-inch heels, so you can dance all night in them.

Black Heels: A good pair of black heels will last you a lifetime. Whether you're headed to the office or out for cocktails, black heels are a must-have!

Running Shoes: These should be comfortable and provide great support whether you're at the gym, hiking outdoors, or exploring a new city.

Read more of **Dr. Ngozi Etufugh's** fashion tips [here](#).